

Getting involved with Healing Prayer

Open Hearts, Open Hands... ...together we pray.

There are several ways to get involved with the OHOH Missional Community at Trinity.

- **Join the Trinity prayer chain-email list.** The easiest way to get involved with the prayer ministry at Trinity is to join the prayer-chain email list. When there are prayer concerns for members of the congregation, you will get an email about the concern and you can pray for those in need of prayer. If you are interested, talk to the Trinity administrative assistant and they will add you to the list.
- **Healing prayer and anointing during quarterly healing services.** Each quarter, Trinity incorporates healing liturgy, healing prayer, and anointing with oil into the worship service. One way to get involved with the prayer ministry is to be one of the team members that offers healing prayer and anointing with oil. If you are interested in doing this, please see Pastor Sandy, Rick or Jackie Sward for more information and we will share how to do that.
- **Join the Open Hearts, Open Hands Community.** Our prayer ministry team meets at Trinity on the third Tuesday of each month at 6:00 P.M. At the meetings, we plan upcoming events and offer healing prayer and Healing Touch to members of our congregation and community. We also have a social event on the first Sunday of each month where team members and families enjoy a meal or activity together. If you are interested in joining the OHOH team, please contact Rick or Jackie Sward.
- **Be available for prayer in the Prayer Room.** One of the prayer ministry activities is to be available in the Prayer Room after every church service or by special request. The purpose is to give church members an opportunity to pray in a safe, sacred location and receive healing from Jesus and the Holy Spirit. We are facilitators that provide a conduit for healing. OHOH team members sign up to cover this offering.
- **Learn Healing Touch techniques.** A unique offering that we are currently developing is the use of Healing Touch techniques in conjunction with healing prayer. Healing Touch is an energy healing therapy in which practitioners consciously use their hands in a heart-centered and intentional way to enhance, support and facilitate physical, emotional, mental and spiritual health and self-healing. OHOH team members have the opportunity to attend Healing Touch classes and learn how to connect our Healer to those in need of healing, always keeping in mind the best intentions of those seeking healing and providing the conduit for healing.

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James 5:16

Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective.